

1. Plan your time carefully using your planner pad book.
  - A. There is plenty of “free” time but it has to be used wisely – especially for those involved in our basketball program.
  - B. Plan your week on Sunday and plan the next day the night before.
2. Attend every class.
  - A. You will miss very few classes due to trips for basketball. Avoid any unnecessary cuts due to lack of preparation, sleep, laziness, or any other reason. Meet with your instructor before you leave on a trip.
  - B. Plan to study on extended trips.
  - C. If any work is missed, plan to make up missed work immediately so that you are always current with assignments.
3. Make sure you get your assignments written down.
  - A. In your notes, always clearly jot down the assignment and date it is due.
  - B. Set your deadlines for completing the assignment. Use your monthly and weekly planner pad sheets.
  - C. Then complete the assignments.
4. Take Notes.
  - A. Organize your notes.
  - B. Jot down your notes so that they can be easily read.
  - C. Look over your notes after class.
5. Be sure you understand the lecture.
  - A. This requires reading ahead and preparing for your next class.
  - B. Discuss class material with classmates.
  - C. Possible conferences with professors
  - D. Research time in the library.
6. Make every attempt to contribute in class.
  - A. Sit in the front row.
  - B. Attendance, Attention, Attitude, Activity.
7. Don't be satisfied with passing.
  - A. Ten more minutes a day spent on each subject will greatly improve the quality of your work.
8. Know your library and use it. It's a “Do It Yourself” Education.
9. Student-athletes need more rest – plan accordingly.
10. Attack the “Small” Problems before they are allowed to become “Big” Problems.

